

The Year of the Tiger



February 1 rings in China's Year of the Tiger. In one myth, the Jade Emperor dictated that the order of the Chinese zodiac would correspond to the order in which the animals arrived at his birthday party. Diligent Ox departed early and arrived first. Tiger, so quick and competitive, arrived second. When the Jade Emperor noticed that Rat had hitched a ride atop Ox and jumped down to reveal himself, clever Rat was reordered first to arrive, with Ox second. Tiger had to accept his place as third.

Just as Tiger was content with becoming third, in life Tigers never give up despite setbacks. They are considered courageous and adventurous, kind and benevolent, and, of course, competitive. Rich in emotion and imagination, art is a common calling for those born in the Year of the Tiger. They are also seen as the guardians of children. For this reason, babies and kids often wear tiger-themed clothes for protection against evil spirits. Women born in the Year of the Tiger are often considered to be great mothers.

The Chinese New Year marks a wonderful new beginning with high hopes for good fortune and prosperity. For this reason, one should never utter anything negative. To speak negative words such as *poor*, *pain*, *break*, or *sick* might jinx your entire year! Likewise, try not to break anything. Doing so might shatter your connection to prosperity. If a plate or bowl is dropped and broken, one should wrap it in red paper, the color of good fortune and happiness. It is traditional to sweep and clean before the new year, removing all bad luck from the house. However, once the new year arrives, sweeping is bad luck. Any type of cleaning or removing garbage might inadvertently remove good luck from the home.

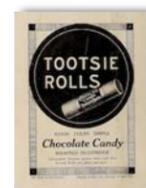
One of the most important traditions is to gift red envelopes of money. This "money to anchor the year" is a means of wishing someone an entire year of good fortune. The elderly give such tokens to the young and vice versa. The middle-aged must honor both the old and young. How much do you give? How much is a year of prosperity worth?

February Birthdays

In astrology, those born from February 1–18 is the Water Bearers of Aquarius. Just as water gives life to the land and its creatures; Aquarians are the humanitarians of the zodiac. Their heightened compassion and empathy compel them to help those in need. Those born from February 19–28 are Pisces' Fish. Pisces are sympathetic and selfless, making them compassionate friends. Their intuitive nature also makes Fish creative and expressive artists.

Louis D. – February 2nd
 Diane T. – February 6th
 Inge H. – February 7th
 Mary M. – February 10th
 Nancy H. – February 15th
 Carmen W. – February 16th
 Aretha B. – February 19th
 Mark L. – February 22nd
 Caroline G. – February 23rd
 Eleanor M. – February 26th
 Paul P. – February 26th

Roll Call



About 64 million Tootsie Roll candies will be manufactured on February 23, Tootsie Roll Day. On this day in 1896, inventor Leo Hirschfield first began selling the chewy chocolate confections out of his small Brooklyn candy shop. The candies grew so popular that Hirschfield distributed them throughout New York using a horse and buggy. The unique name was a no-brainer for Hirschfield. He had been calling his five-year-old daughter Clara by the nickname "Tootsie" all her life. Or had he? Some historians claim that the quaint story of the candy being invented by Hirschfield in a small Brooklyn shop is a clever marketing ploy. Rather, "Leo Hirschfeld" was an employee of the Stern & Staalberg candy company and applied for the patent of his unique, melt-resistant chocolate candy in 1907. "Tootsie" was the name of a child actress hired by the company to hawk its products, a name that company marketers then applied to the new candy.

The Front Porch

The Edwinola | 14235 Edwinola Way Dade City, FL 33523 | (352)567-6500 |



Celebrating February

Women Inventors Month

Black History Month

Chinese New Year: Year of the Tiger February 1

Groundhog Day February 2

Administration

Stephanie Davis-Maddox
Executive Director

Chef Tony
*Dietary & Housekeeping
Director*

Princess Smiley
Business Office Director

Chrissie Ryker
Wellness Director

Diane Holton
Activities Director

Josh Maddox
Maintenance Director

Alexis Schlitt
Director of Admissions

Seeing Red

Red hearts. Red roses. Red lipstick kisses. These are all popular symbols of Valentine's Day. While there is no record of St. Valentine ever wearing red, the holiday that bears his name is full of the color. Red appears again on February 4 for Wear Red Day. Today, red symbolizes love, beauty, power, and passion, but humans have been fascinated by the color for millennia.

After black and white, red is the first color of the spectrum that babies can identify. Perhaps our adoration of the color comes from this strong first impression. Speaking of firsts, 40,000 years ago, prehistoric humans painted their bodies in red clay. Burial rites included covering the dead in red powder to ward off evil spirits. Prehistoric cave paintings discovered across the globe from Asia to Africa and Australia were all made with red ochre. Our Stone Age ancestors certainly thought red possessed power.

When did red specifically earn its association with love? Many historians point to the ancient Greeks. Aphrodite, the goddess of love and beauty, fell in love with Adonis. When Adonis was killed by a wild boar, Aphrodite rushed to his aid and was stuck by the thorn of a white rose. The goddess' blood fell on the white petals, turning them red. In this manner, the red rose came to symbolize Aphrodite's love for Adonis, and both the color red and the red rose became symbols of Aphrodite herself, as well as love, beauty, and passion.

This myth also demonstrates the mixed symbolism presented by the color red: the heart and blood, passion and anger, allure and danger, love and war. Cultures all over the world use red to different effects. Chinese brides wear red wedding dresses to symbolize love and good fortune. Catholic cardinals wear red robes symbolizing the blood of Jesus Christ. American drivers are warned to "STOP" with red stop signs and lights. In February, red might inspire romance or inflame passion, but on Halloween, it accompanies gruesome horrors. Good or bad, the color red has long asserted power over the human psyche.

National Caregivers Day!

On the 18th of this month, we honor and celebrate our caregivers that provide our residents with amazing care each and every day!

The third Friday of the February month we observe annually to those who provide vital care and have a heart of gold.

Our wellness team, med techs, and resident aids;

THANK YOU!

You always make sure our residents are taken great care of.

New Additions!

Our staff team always appreciates the feedback you provide in our suggestion boxes. We are able to make additions and changes, to make the Edwinola the perfect home for everyone!

With a growing family we are excited to be adding more things to do each day. We want our residents to bring new clubs and groups that you will enjoy.

Please provide us with ideas for starting groups like:

Gardening Group Cooking/Baking

Book Club Craft Club

Let us know and we can help plan!

Craft Competition!

The Pasco County Fair is this month, if you want to win a **BIG BLUE RIBBON**, Alexis can assist you with entering your handmade items in the show! (Submit by February 15th)
FREE CONTEST FOR ALL

Handmade craft items: quilts, sewing, knitting, anything you can think of!

Brownies in Focus

Brownie photographers get ready! February 1 is International Brownie Camera Day. Some call Eastman Kodak's Brownie "the camera that started popular photography." George Eastman asked Frank Brownell, his camera designer and manufacturer, to develop the least expensive design possible for a camera, one that could be marketed to children so that photography as a hobby could take off. Brownell called his design the "Brownie" after the mischievous, fairy-like sprites conceived by Canadian author and illustrator Palmer Cox.

The camera was first introduced in February 1900 as a leatherette-covered cardboard-box camera with a lens at one end and film on the other. The first Brownie, known as the No. 1 Brownie, was marketed to children and sold for \$1, about \$31 today. The idea proved ingenious, with over 150,000 Brownie cameras sold in their first year. They were so ubiquitous that soldiers took them overseas to war. Many iconic wartime photographs were snapped with the Brownie. The last official Brownie was made in 1986.

Don't miss this!

February 11th

- Cornhole, Front porch 1:30pm

February 14th

- Birthday Party, Rose room 2:00pm

February 18th

- Sing-along in Rose room 2:00pm

February 22nd

- Happy hour with Alexis 6:00pm

February 25th

- Craft class in Rose room 2:00pm

February 28th

- Show & Tell in Rose room 2:00pm

JOIN DIANE THIS MONTH IN SOME NEW FUN AND ACTIVITIES!

Valentine's Day Word Search

c	g	f	l	o	w	e	r	s	i	p
j	s	w	e	e	t	h	e	a	r	t
e	f	p	a	c	u	p	i	d	a	e
v	h	o	i	k	a	c	p	s	r	t
a	o	g	u	y	h	e	a	r	t	s
l	o	v	e	r	r	d	e	g	o	f
e	k	r	a	p	t	r	r	o	w	r
n	r	i	r	o	s	e	s	p	x	i
t	o	h	s	d	r	d	e	i	r	e
i	s	u	h	s	p	i	n	n	h	n
n	r	g	a	r	e	l	l	k	t	d
e	o	s	c	h	o	s	r	o	s	h
s	w	e	e	r	t	s	f	r	i	e
v	c	h	o	c	o	l	a	t	e	k

valentine red roses
 arrow fourteenth friend
 cupid hugs flowers
 hearts chocolate sweetheart
 love pink kisses

Notes: